

Support Groups

NAMI Family Support Groups

For family members of individuals with mental illness or mental health concerns

NAMI Boonville

Boonville - Family Support group
Monthly - 2nd Tuesday @ 6:30-8:00 pm
Nelson Memorial United Methodist Church
407 E. Spring St., Boonville
Email: ystephanie49@gmail.com

NAMI Columbia MO

Columbia - Family Support Group
Monthly - 2nd Monday @ 6:30-9:00 pm
Presentation @ 6:30; Group @ 7:30 pm
Unity Center, 1600 W Broadway, Columbia
Contact: Tim Harlan, 573-874-2402
Email: tharlan@harlan-still.com

NAMI Joplin

Joplin - Family Support Group
Monthly - 2nd Tuesday @ 6:30-8:00 pm
NAMI Joplin Office
1601 S Wall Ave., Joplin
Contact: 417-781-6264
Email: namijoplin@cableone.net

NAMI Southeast Missouri

Farmington - Family Support Group
Monthly - 2nd Thursday @ 7:00-8:30 pm
Farmington Public Library
101 North A St., Farmington
Call/text: 573-454-1221
Email: namisoutheastmo@gmail.com

NAMI Southwest Missouri

Springfield - Family Support Group
1st & 3rd Mondays @ 7:00-8:30 pm
NAMI Southwest Missouri Office
1443 N Robberson #408, Springfield
Contact: Les Joslyn, 417-839-4682
Email: ljoslyn@sbcglobal.net

Bolivar - Family Support Group

Monthly - 4th Thursday @ 1:30-3:00 pm
Polk County Health Center
1317 W Broadway St., Bolivar
Email: claudiaj@windstream.net
Call: 417-777-1185

NAMI Basics Support Groups are Family Support Groups that place a special emphasis on support for parents and caregivers of children, teens and young adults with behavioral and mental health concerns.

NAMI Greater Kansas City

Lee's Summit - Basics Support Group
Monthly - 3rd Tuesday @ 6:00-8:00 pm
ReDiscover, 1555 NE Rice Rd. #1595 Bldg. A
Lee's Summit
Email: namibasics@yahoo.com

NAMI Jefferson City

Jefferson City - Family Support Group
Monthly - 1st Monday @ 6:30-8:30 pm
Presentation @ 6:30; Group at 7:30 pm
Central United Church of Christ
118 W Ashley Street, Jefferson City
Email: namijcmo@gmail.com

NAMI Greater Kansas City

Belton - Family Support Group
2nd & 4th Mondays @ 6:30-8:30 pm
Belton Regional Medical Center
17065 S. 71 Hwy, Belton
Contact: Pam and Holly
Email: NAMI-leaders@hotmail.com

Belton - Family Support Group

1st & 3rd Mondays @ 6:30-8:00 pm
LifeQuest Church, 1400 N Scott Ave, Belton
Email: krevert@att.net

Kansas City - Family Support Group

1st & 3rd Thursdays @ 6:00-8:00 pm
Research Psychiatric Center
2323 E 63rd Street, Kansas City, Mo
Contact: Joe & Heidi Custin
Email: custinh@yahoo.com

KC (Northland) - Family Support Group

Monthly - 3rd Wednesday @ 6:00-7:30 pm
3100 NE 83rd St., Kansas City (2nd fl)
(Also meets on 1st Wed for presentations)
1st Wed in River Rm; 3rd Wed in Conf. Room
Contact: Candis Desselle, 816-468-0400
Email: candisd@tri-countymhs.org

Lee's Summit - Family Support Group

Monthly - 1st Wednesday @ 7:00-8:30 pm
ReDiscover, Mental Health Clinic
901 Independence Ave, Lee's Summit
Contact: Frank Bair, 816-763-9320
Email: fbair1@att.net

NAMI St. Louis

NAMI St. Louis Support Groups
are listed below. If no contact information is provided for a St. Louis area support group, contact 314-962-4670 or info@namistl.org. Full NAMI St. Louis support group lists and details are online at www.namistl.org/support-groups

Arnold - Family Support Group

Monthly - 1st Thursday @ 7:00-8:30 pm
New Hope UMC, Rm 106
(Enter through white doors in back)
3921 Jeffco Blvd, Arnold
Contact: Russell or JoAnn, 314-293-1512
Email: joannechartley@gmail.com

Chesterfield - Family Support Group

Monthly - 3rd Monday @ 7:00-8:30 pm
Trinity Lutheran Church, Rm 258
14080 Clayton Rd, Chesterfield
Contact: Jerry Spector, 636-532-0027
Email: jbs1111@sbcglobal.net

Clayton - Family Support Group

Monthly - 3rd Tuesday @ 7:00-8:30 pm
First Congregational Church
6501 Wydown Blvd., Clayton

Kirkwood - Family Support Group

Monthly - 4th Thursday @ 7:00-8:30 pm
Kirkwood United Methodist Church Rm. 115
201 W Adams, Kirkwood

Kirkwood - Family Support Group

Monthly - 4th Wednesday @ 7:00-8:30 pm
Elliot Chapel, 100 S Taylor Ave., Kirkwood
Email: fogy65@yahoo.com

Maplewood - Family Support Group

Monthly - 1st Thursday @ 7:00-8:30 pm
Christ Church, 2200 Bellevue Ave., Maplewood

St. Charles - Family Support Group

Monthly - 1st Thursday @ 7:00-8:30 pm
NAMI St. Louis Tri-County Office
200 S Kingshighway #101, St. Charles
Contact: Bonnie, 314-974-4694
Email: bcran0228@aol.com

St. Peters - Family Support Group

Monthly - 3rd Tuesday @ 7:00-8:30 pm
Grace United Church of Christ
8326 Mexico Rd, St. Peters

Webster Groves - Fam Supp Group

Monthly - 2nd Tuesday @ 6:30-8:00 pm
Webster Hills United Methodist Church
Christian Life Center, Library Room
698 W Lockwood, Webster Groves
Contact: Judy Larson, 314-922-4693
Email: judyclarson@gmail.com