

Support Groups

NAMI Connection Recovery Support Groups

For individuals living with mental illness or mental health concerns

NAMI Columbia MO

Columbia

Connection Recovery Support Group

Monthly - 2nd Monday @ 6:30-9:00 pm
Presentation @ 6:30; Group @ 7:30
Unity Ctr, 1600 W Broadway, Columbia
Contact: Tim Harlan, 573-874-2402
Email: tharlan@harlan-still.com

NAMI Jefferson City

Jefferson City

Connection Recovery Support Group

Monthly - 1st Monday @ 6:30-8:30 pm
Presentation @ 6:30; Group @ 7:30
Central United Church of Christ
118 W Ashley Street, Jefferson City
Email: namijcmo@gmail.com

Jefferson City

Connection Recovery Support Group

Monthly - 3rd Tuesday @ 6:00-8:00 pm
Wesley UMC 2727, Wesley St., Jefferson City
(Enter through back doors)
Email: namijcmo@gmail.com

NAMI Joplin

Joplin

Connection Recovery Support Group

Every Tuesday @ 6:30-8:00 pm
NAMI Joplin Office, 1601 S Wall Ave, Joplin
Contact: 417-781-6264
Email: namijoplin@cablone.net

Joplin

Connection Recovery Support Group

2nd & 4th Wednesdays @ 2:00-3:00 pm
NAMI On Campus at MSSU - Hearnes Hall
3950 E Newman Rd, Joplin
Contact: Kandace Logan, 417-625-9830
Email: logan-k@mssu.edu

NAMI Greater Kansas City

Midtown Kansas City

Connection Recovery Support Group

Every Tuesday @ 7:15-8:30 pm
Westport Presbyterian Church
201 Westport Rd, Kansas City, Mo
Email: violamom@gmail.com (Patty)

Lee's Summit

Connection Recovery Support Group

Every Tuesday @ 7:00-8:30 pm
1st Presbyt. Church - Basement Rm 100
1625 NW Obrien Rd, Lee's Summit
Contact: Marty Sexton, 816-738-3066
Contact: Tricia Wear, 816-810-1414
Email: help4distress@gmail.com

Belton

Connection Recovery Support Group

1st & 3rd Mondays @ 6:00-8:00 pm
LifeQuest Church
1400 N Scott Ave, Belton
Email: allaboutrockllc@yahoo.com
Email: teegarden.shawn@icloud.com

Gladstone

Connection Recovery Support Group

Every Tuesday @ 6:30-8:00 pm
Northland Behavioral Health & Wellness
119 NE 72nd St., Gladstone
Contact: Gabriel, 816-200-7424
Email: gabrielnamiconnection@gmail.com

St. Joseph

Connection Recovery Support Group

Every Thursday @ 7:00 pm
Missouri Care
3831A Frederick Ave., St. Joseph
Contact: Kevin Williams, 727-543-9408
Email: kevinwilliams.clnc@gmail.com

NAMI St. Louis

NAMI St. Louis Support Groups

are listed below. If no contact information is provided for a St. Louis area support group, contact 314-962-4670 or info@namistl.org. Full NAMI St. Louis support group lists and details are online at www.namistl.org/support-groups

Clayton

Connection Recovery Support Group

Monthly - 3rd Saturday @ 2:00 - 3:00 pm
First Cong. Church, 1st floor parlor
6501 Wydown Blvd., Clayton

St. Charles

Connection Recovery Support Group

Every Monday @ 6:30-8:00 pm
Friedens United Church of Christ
1703 Old Hwy. 94 South, St. Charles
Contact: Jim Eyman, 314-808-5551
Email: jeymanjr@prodigy.net

St. Louis (Delmar)

Connection Recovery Support Group

1st & 3rd Sundays @ 2:00-3:30 pm
Grace and Peace Fellowship Church
5574 Delmar, St. Louis
Contact: Rose Schulte, 314-716-2210
Email: roseschulte@gmail.com

St. Peters

Connection Recovery Support Group

Monthly - 3rd Tuesday @ 7:00-8:30 pm
Grace United Church of Christ
8326 Mexico Rd, St. Peters

NAMI Southeast Missouri

Sikeston

Connection Recovery Support Group

Thursdays at 5:30 pm
Sandy Paws, 134 E. Front St., Sikeston
Email: pezmama3@gmail.com

NAMI Southwest Missouri

Springfield

Connection Recovery Support Group

Every Tuesday @ 10:00-11:30 am
The Hope Center
1443 N Robberson Ave, #408, Springfield
Contact: 417-864-3027
Email: nami@namiswmo.com



**GOOD SUPPORT NEVER
GOES OUT OF STYLE**

Peer support and resources
are available through the

NAMI Missouri WARMLINE

800-374-2138

**9am – 5pm on weekdays, and
3pm – 9pm on weekends and holidays**

▶ Visit namimissouri.org/warmline to learn more.

Springfield & Surrounding Area

Support group sessions are held daily at the Hope Center in Springfield, and weekly in Bolivar, Branson, Lebanon and Springfield.

The complete list is at:

namiswmo.com/services/support