



FACILITATOR SKILL TRAINING SCHEDULE - 2019

Friday, August 11

9:00 – 10:00 a.m.	Welcome and Introductions	ENTIRE GROUP
10:00 – 10:30 a.m.	Introduction to the Model	ENTIRE GROUP
10:30 – 10:45 a.m.	BREAK	
10:45 – 11:45 a.m.	Demonstration of the Model Support Group	ENTIRE GROUP
11:45 a.m. – 12 noon	Discussion/Feedback	ENTIRE GROUP
12 noon – 1:00 p.m.	LUNCH	
1:00 – 2:00 p.m.	Group Dynamics and Cues and Remedies	ENTIRE GROUP
2:00 – 2:45 p.m.	Overview of Small Group Training Exercises Understanding the Five Strategies Structure Exercise 2: Strategy Practice	SMALL GROUPS
2:45 -- 3:00 p.m.	BREAK	
3:00 -- 5:15 p.m.	Understanding the Agenda Structure Ad Lib Role Play: Enforcing Time Limit for Check-In Using the Agenda Understanding the Group Guidelines Group Guidelines Role Play Scripts Ad Lib Role Play: Enforcing Time Limit with Group Guidelines	SMALL GROUPS
5:15 – 5:30 p.m.	Day One Evaluations	ENTIRE GROUP
5:30 -- 6:30 p.m.	DINNER	

Evening Free -- to socialize, relax and rest.

Saturday, August 10

9:00 – 9:15 a.m.	Review Day Two Agenda	ENTIRE GROUP
9:15 – 11:00 a.m.	Structure Exercise 3: Principles of Support Structure Exercise 4: Emotional Stages	SMALL GROUPS
11:00 – 11:15 a.m.	Evaluate Structure Skill Exercises	ENTIRE GROUP
11:15 – 11:30 a.m.	BREAK	
11:30 – 12 noon	Fidelity and Working Together	ENTIRE GROUP
12 noon – 1:00 p.m.	LUNCH	
1:00 – 2:00 p.m.	Group Process 1: Handling Hot Potatoes NAMI Connection Emergency Procedure Instructions	SMALL GROUPS
2:00 – 2:15 p.m.	Evaluate Hot Potatoes	ENTIRE GROUP
2:15 – 2:30 p.m.	BREAK	
2:15 – 3:15 p.m.	Group Process Exercise 2: Tapping Group Wisdom Evaluate Group Wisdom	SMALL GROUPS ENTIRE GROUP
3:15 – 3:30 p.m.	BREAK	
3:30 - 4:45 p.m.	Self-Care Self-Affirmations NAMI 101 NAMI Signature Program Operating Policies	ENTIRE GROUP
5:00 – 6:00 p.m.	DINNER	

Evening Free – to socialize, relax and rest.

Sunday, August 11

9:00 – 9:15 a.m.	Order of the Day	ENTIRE GROUP - ALL DAY
9:15 – 10:30 a.m.	Cue Practice 1 Cue Practice 2	
10:30 – 10:45 a.m.	BREAK	
10:45 – 11:45 a.m.	Cue Practice 3 Using Cues in a NAMI Support Group	
11:45 – 12 noon	Evaluate Cue Practices 1, 2 & 3	
12 noon – 1:00 p.m.	LUNCH	
1:00 – 1:45 p.m.	Taking It Back Home	
1:45 -2:00 p.m.	Go Over All Handouts/Resources/Promo Materials	
2:00 - 2:15 p.m.	Complete Training Evaluations	
2:15 - 2:30 p.m.	Handout Facilitating, Resources, and Marketing Materials Q & A Session	
2:30 p.m.	Certification	

Thank You for attending NAMI Missouri's NAMI Connection Recovery Support Group Facilitator Training. Have a safe journey home!