



National Alliance on Mental Illness

nami Missouri

SUPPORT / EDUCATION / ADVOCACY

FALL/WINTER 2018

SEASON OF GIVING

This holiday season, join the thousands of NAMI members who are working together to accomplish extraordinary things. Please consider making a contribution to support the important and worthwhile cause of improving the lives of those with mental illness and their families. Your gift will make possible much-needed support, education and advocacy for children and adults with mental illness and their families.

Help kick-off the giving season and make a difference by making a secure donation through our website at namimissouri.org/donate.

Donations made in a loved one's memory or in honor of a friend or family member will be recognized in our newsletter, and if you'd like a letter of recognition to be mailed to the person or to be sent to you to give, please include their

contact information or any special instructions with your donation.

If you're on Facebook, visit [Facebook.com/NAMIMissouri](https://www.facebook.com/NAMIMissouri) to donate or create your own page to share. Other fundraising ideas and opportunities are included online at namimissouri.org/fundraising.



There are many ways to give and every dollar counts. Thank you for supporting NAMI Missouri and your local NAMI affiliate this holiday season. Whether you're giving time, skills, a donation or your voice, every contribution matters.

Thank you for your generosity and for giving!

JOIN US IN ADVOCACY

If you would like to get involved in advocating at the state level for policies that benefit those with mental illness, we invite you to attend our annual Partners-in-Policy Training and Advocacy Day events on March 11-12, 2019 in Jefferson City. NAMI Missouri is again offering a two-day peer mentor training for individuals living with mental illness who want to become mental health advocates and peer leaders. Over the course of two days we will help you discover how to best tell your own story to advocate for yourself and for others, then we will visit the State Capitol to put your newfound skills to use. Travel, lodging and meal expenses are covered through grant funding provided by SAMHSA.



This free training is primarily geared toward those with mental illness, but there are a limited number of spots available for family members, friends and allies. Visit namimissouri.org/partnersinpolicy

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3405 W. Truman Blvd., Suite 102, Jefferson City, MO 65109

Office: (573) 634-7727 • WARMLine: (800) 374-2138 • namimissouri.org

In the Know

2019 POLICY PRIORITIES

NAMI Missouri is looking ahead to the 2019 legislative session, which begins Wednesday, January 9. Our public policy priorities start with protections to prevent unnecessary restrictions on important mental health medications. Recent proposals have suggested adding new preferred drug list restrictions on anti-psychotic medications. These efforts have been halted by the efforts and energy of advocates across the state. And now we are asking legislators to take action to ensure anti-psychotics remain accessible to those who depend on Medicaid for mental health medications and treatment.



MEMORIAL DONATIONS AND TRIBUTES

A memorial donation by **Brian Shepherd** in honor of **Carl Specht**

A tribute donation by **Christine Smith** in honor of **XI IOTA PHI** Woman of the Year **Linda Ebert**

NAMI Missouri would also like to thank the **Kenneth Community Supervision Center Personnel Club** for their fundraising efforts and donation.

Visit namimissouri.org/advocacy to learn more and get involved.

Board of Directors

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Contact us:

NAMI Missouri
3405 W. Truman Blvd. #102 • Jefferson City, MO 65109
Main 573-634-7727 • WARMline 800-374-2138
namimissouri.org • info@namimissouri.org

Find us online



NAMIMissouri

NAMI Missouri is the chartered state organization of the National Alliance on Mental Illness

Why Should Providers Ask this Critical Question?



The question being: “Have you or a loved one ever served in the U.S. military?” With approximately half of all of our nation’s Veterans seeking care outside of the U.S. Department of Veterans Affairs and around one-third of visits covered by VA being completed by community providers, there is no better time to adopt screening procedures for this population in community healthcare settings. Read the full article by SAMHSA Assistant Secretary for Mental Health and Substance Use Dr. Elinore McCance-Katz to learn how and why this simple question could improve care and save lives. You can also check out new online resources to help family members support the service member or veteran in their lives at namimissouri.org/homefront.

ANNUAL NAMI MISSOURI CONFERENCE

The NAMI Missouri Annual Conference is a statewide one-day event designed to raise awareness of mental illness and NAMI Missouri’s efforts to support, educate and advocate on behalf of those living with mental health conditions and their families. The conference will be held **Saturday, April 13, 2019. Doors open at 9:30 am** at the Doubletree by Hilton Hotel, 422 Monroe St., Jefferson City, MO. Visit namimissouri.org/conference.

- \$25 NAMI member (\$20 before March 1)
 \$35 Non-member (\$30 before March 1)
 \$10 Limited income

Name (s) _____ Phone _____

Address _____ City _____

State _____ Zip _____ Email _____

Free registration and travel reimbursement available for those with financial need. Contact kim@namimissouri.org.

I wish to make an additional contribution of \$ _____ to offset costs for those who are unable to pay.

PAYMENT

Cash Check Total Enclosed \$ _____

Credit Card: Visa MasterCard Discover

Name on card _____

Billing address _____

Card # _____ Exp. Date _____/_____/_____

Send form and payment to:

NAMI Missouri

3405 W. Truman Blvd., Suite 102
Jefferson City, MO 65109

Please notify us in advance of any required accommodations or dietary restrictions.

Call **573-634-7727** or visit

namimissouri.org/conference

Now accepting vendor booth reservations, raffle donations and sponsorship contributions at all levels. Sponsorships start at \$250 for corporate partners, \$200 for non-profit/ government partners, and \$100 per individual/\$150 per couple Friends of NAMI Missouri sponsor levels. For a sponsorship information packet, email info@namimissouri.org.

Courses

EDUCATION COURSES

NAMI Basics

Belton (Cass County)

Thurs. Jan. 31 – Thurs. March 7 @ 6-8:30PM
LifeQuest Church, 1400 N. Scott Ave., Belton
Contact: 573-634-7727 | sonya@namimissouri.org
Registration required for this free 6-session course.
Register online at namimissouri.org/basics

NAMI St. Louis – Manchester

Thurs. Feb. 21 – Thurs. March 28 @ 6:30-9pm
Manchester United Methodist Church
129 Woods Mill Road, Manchester
Contact: 636-940-7440 | jjohnston@namistl.org
Registration required for this free 6-session course.
Register for St. Louis area courses at namistl.org

NAMI St. Louis – St. Peters

Tues. April 23 – Tues. May 28 @ 6:30-9pm
Grace United Church of Christ
8326 Mexico Rd., St. Peters
Contact: 636-940-7440 | jjohnston@namistl.org
Registration required for this free weekly course.
Register for St. Louis area courses at namistl.org

NAMI Homefront

NAMI Homefront is now offered online!

Attending an in-person class can be difficult for busy individuals and families. NAMI Homefront is for family members and loved ones of service members and veterans, and is now available online. Classes meet weekly in a virtual classroom, so participants can experience interaction and learning similar to traditional in-person classes.

Visit nami.org/homefront to learn more and register.

Peer to Peer

NAMI St. Louis - Creve Coeur

Tues. Jan. 22 - Tues. March 12 @ 6:30-8:30pm
St. Louis Clinical Trials
10330 Old Olive Street Rd., Creve Coeur
Contact: 636-940-7440 | jjohnston@namistl.org
Registration required for this free 6-session course.
Register for St. Louis area courses at namistl.org

Family to Family

For all NAMI St. Louis Family to Family courses, contact 636-940-1440 or jjohnston@namistl.org or register online at namistl.org.

NAMI St. Louis - Creve Coeur

Wed. Jan. 2 - Wed. March 20 @ 6:30-9pm
Mercy Behavioral Health
12125 Conway Road, Creve Coeur

NAMI St. Louis - Wentzville

Tues. Jan. 8 - Tues. March 26 @ 6:30-9pm
New Creation Presbyt. Church
8 W Pearce Blvd., Wentzville

NAMI St. Louis - Festus (Jefferson Co.)

Tues. Jan. 15 - Tues. April 2 @ 6:30-9pm
Mercy Jefferson Hospital Rm. C&D 1400 US-61, Festus

NAMI St. Louis - Sappington

Mon. Jan. 21 - Mon. April 8 @ 6:30-9pm
Hyland - HETC, 10020 Kennerly Rd, STL

NAMI St. Louis – St. Peters (St. Charles Co.)

Mon. Jan. 28 - Mon. April 15 @ 7- 9:30pm
Grace United Church of Christ
8326 Mexico Road, St. Peters

NAMI St. Louis - Kirkwood

Mon. Feb. 18 - Mon. May 6 @ 6:30-9pm
Diversified Health & Wellness Center
11042 Manchester Rd, Kirkwood

NAMI St. Louis - Hazelwood

Wed. Feb. 20 - Wed. May 8 @ 6:30-9pm
Walter's Walk, 737 Dunn Rd, Hazelwood

NAMI St. Louis - Clayton

Thurs. Feb.21 - Thurs. May 9 @ 7-9:30pm
1st Cong. Church - 1st Floor Parlor
6501 Wydown Blvd., Clayton

NAMI St. Louis - Elsberry (Lincoln Co.)

Mon. Feb. 25 - Mon. May 13 @ 7-9:30pm
The Armory, 105 South 3rd Street, Elsberry

NAMI St. Louis – Normandy

Mon. March 4 - Mon. May 20 @ 6:30-9pm
Murchison Tabernacle CME Church
7629 Natural Bridge Rd, St. Louis

Upcoming Trainings

Training sessions provide the tools and certifications you need to teach a family education course, give presentations or facilitate a support group. Trainings are currently being offered at no cost to participants thanks to grant and contract funding through SAMHSA and the Department of Mental Health. Training includes hotel, meals, materials and instruction. Registration is required. Attendance is limited and courses do fill up.

REGISTER FOR A TRAINING AND BECOME CERTIFIED TO: GIVE PRESENTATIONS

In Our Own Voice

In Our Own Voice is a presentation by individuals living with mental health conditions who share their personal stories to promote awareness of mental illness recovery in community settings. Register to attend a training and become part of an In Our Own Voice presenter team at namimissouri.org/InOurOwnVoice.

- » **In Our Own Voice Presenter Training**
Best Western Plus Capital Inn in Jefferson City
Fri., May 3 - Sat., May 4, 2019
Application Deadline - April 12, 2019

Ending the Silence

Ending the Silence is NAMI's new in-school presentation program. Ending the Silence presenters go through a two-part training. The first part is online course. Learn more and register to take the training and become part of an Ending the Silence presenter team at namimissouri.org/EndingTheSilence.

- » **Ending the Silence Presenter Training**
Part 1: Online (web only training)
Part 2: In-person training (contact us to schedule)
Now recruiting youth presenters age 18-30

FACILITATE A SUPPORT GROUP

Connection Support Groups

Connection Recovery Support Groups are for individuals living with mental health conditions. Attend a training to become a support group facilitator. To learn more, visit namimissouri.org/support.

- » **NAMI Connection Recovery Support Group Facilitator Training**
Best Western Plus Capital Inn in Jefferson City
Fri., Aug. 9 - Sun., Aug. 11, 2019
Application Deadline - July 8, 2019

NAMI Family Support Groups

Family Support Groups are for family members of individuals living with mental illness. Attend a training to become a support group facilitator. To learn more, visit namimissouri.org/support.

- » **NAMI Family Support Group Facilitator Training**
Best Western Plus Capital Inn in Jefferson City
Sat., Sept. 7 - Sun., Sept. 8, 2019
Application Deadline - Aug. 5, 2019

TEACH A COURSE

Family to Family

Family to Family is a free class for families, partners and friends of individuals with mental illness. If you've taken the course, attend a training to learn to teach it to others. Visit namimissouri.org/FTF to learn more.

- » **NAMI Family to Family Teacher Training**
Best Western Plus Capital Inn in Jefferson City
Fri., July 12 - Sun., July 14, 2019
Application Deadline - June 14, 2019

NAMI Basics

Basics is a free class for parents and caregivers of children and teens with mental health conditions. If you've taken the course, attend a training to learn to teach it to others. Visit namimissouri.org/basics

- » **NAMI Basics Teacher Training**
Best Western Plus Capital Inn in Jefferson City
Fri., May 31 - Sun., June 2, 2019
Application Deadline - April 29, 2019

FOR INFORMATION ON TRAINING OR OTHER OPPORTUNITIES

- Individuals with mental illness - contact Alice Kliethermes at alice@namimissouri.org.
- Family members - contact Sonya Baumgartner at sonya@namimissouri.org.

Not sure who to contact? Email info@namimissouri.org and we'll get you to the right place!

Support Groups

NAMI Family Support Groups

For Family Members of individuals with mental illness

NAMI Boonville

Boonville - Family Support group

Monthly - 2nd Tuesday @ 6:30-8:00 pm
Nelson Memorial United Methodist Church
407 E. Spring St., Boonville
Email: namiboonville@gmail.com

NAMI Columbia

Columbia - Family Support Group

Monthly - 2nd Monday @ 6:30-9:00 pm
Presentation @ 6:30; Group @ 7:30 pm
Unity Center, 1600 W Broadway, Columbia
Contact: Tim Harlan, 573-874-2402
Email: tharlan@harlan-still.com

NAMI Jefferson City

Jefferson City - Family Support Group

Monthly - 1st Monday @ 6:30-8:30 pm
Presentation @ 6:30; Group @ 7:30 pm
Central United Church of Christ
118 W Ashley Street, Jefferson City
Call: Alice Kliethermes, 573-634-7727
Email: klieta92@gmail.com

NAMI Joplin

Joplin - Family Support Group

Monthly - 2nd Tuesday @ 6:30-8:00 pm
NAMI Joplin Office
1601 S Wall Ave., Joplin
Contact: 417-781-6264
Email: namijoplin@cableone.net

NAMI Southeast Missouri

Farmington - Family Support Group

Monthly - 2nd Thursday @ 7:00-8:30 pm
LIFE, Inc. Center for Independent Living
725 E Karsch Blvd., Farmington
Call/text: 573-454-1221
Email: namisoutheastmo@gmail.com

NAMI Southwest Missouri

Springfield - Family Support Group

1st & 3rd Mondays @ 7:00-8:30 pm
NAMI Southwest Missouri Office
1443 N Robberson #408, Springfield
Contact: Les Joslyn, 417-839-4682
Email: ljoslyn@sbcglobal.net

Bolivar - Family Support Group

Monthly - 4th Thursday @ 1:30-3:00 pm
Polk County Health Center
1317 W Broadway St., Bolivar
Contact: Marilyn Kinnett, 417-327-5609
Email: kinnetttrucking@windstream.net

NAMI Greater Kansas City

Lee's Summit - Basics Support Group

For parents of children with mental illness
Monthly - 3rd Tuesday @ 6:00-8:00 pm
ReDiscover, 1555 NE Rice Rd. #1595 Bldg. A
Lee's Summit
Email: namibasics@yahoo.com

Belton - Family Support Group

1st & 3rd Mondays @ 6:30-8:00 pm
LifeQuest Church, 1400 N Scott Ave, Belton
Email: krevvert@att.net

NAMI Greater Kansas City (Cont.)

Belton - Family Support Group

2nd & 4th Mondays @ 6:30-8:30 pm
Belton Regional Medical Center
17065 S. 71 Hwy, Belton
Contact: Pam and Holly
Email: NAMI-leaders@hotmail.com

Kansas City - Family Support Group

1st & 3rd Thursdays @ 6:00-8:00 pm
Research Psychiatric Center
2323 E 63rd Street, Kansas City, Mo
Contact: Joe & Heidi Custin
Email: custinh@yahoo.com

Lee's Summit - Family Support Group

Monthly - 1st Wednesday @ 7:00-8:30 pm
ReDiscover, Mental Health Clinic
901 Independence Ave, Lee's Summit
Contact: Frank Bair, 816-763-9320
Email: fbair1@att.net

KC (Northland) - Family Support Group

Monthly - 3rd Wednesday @ 6:00-7:30 pm
3100 NE 83rd St., Kansas City (2nd fl)
(Also meets on 1st Wed for presentations)
1st Wed in River Rm; 3rd Wed in Conf. Room
Contact: Candis Desselle, 816-468-0400
Email: candisd@tri-countymhs.org

NAMI Missouri (other)

Kirkville - Family Support Group

Monthly - 3rd Monday @ 6:00-7:30 pm
Mark Twain Behav. Health (back of bldg.)
105 Pfeiffer Ave, Kirkville
Contact: Meredith McCannon, 660-665-4612
Email: mmccannon@mtbh.org

NAMI St. Louis

NAMI St. Louis Family Support Groups

are listed in the following column. If no contact information is provided for a St. Louis area support group, contact 314-962-4670 or jjohnston@namistl.org. Full NAMI St. Louis support group lists and details are online at www.namistl.org/support-groups

Arnold - Basics Support Group

For parents of children with mental illness
Monthly - 3rd Thursday @ 7:00-8:30 pm
New Hope UMC, 3921 Jeffco Blvd., Arnold
Email: STLBasicsGroup@gmail.com

Arnold - Family Support Group

Monthly - 1st Thursday @ 7:00-8:30 pm
New Hope UMC, Rm 106
(Enter through white doors in back)
3921 Jeffco Blvd, Arnold
Contact: Russell or JoAnn, 314-293-1512
Email: joannechartley@gmail.com

NAMI St. Louis (Cont.)

Chesterfield - Family Support Group

Monthly - 3rd Monday @ 7:00-8:30 pm
Trinity Lutheran Church, Rm 258
14080 Clayton Rd, Chesterfield
Contact: Jerry Spector, 636-532-0027
Email: jbs1111@sbcglobal.net

Clayton - Family Support Group

Monthly - 3rd Tuesday @ 7:00-8:30 pm
First Congregational Church
6501 Wydown Blvd., Clayton

Clayton - Family Support Group

Monthly - 3rd Saturday @ 2:00-3:30 pm
First Cong. Church, 1st floor parlor
6501 Wydown Blvd., Clayton

Kirkwood - Family Support Group

Monthly - 4th Thursday @ 7:00-8:30 pm
Kirkwood United Methodist Church Rm. 115
201 W Adams, Kirkwood

Kirkwood - Family Support Group

Monthly - 4th Wednesday @ 7:00-8:30 pm
Elliot Chapel, 100 S Taylor Ave., Kirkwood
Email: fogy65@yahoo.com

Maplewood - Family Support Group

Monthly - 1st Thursday @ 7:00-8:30 pm
Christ Church, 2200 Bellevue Ave Maplewood

St. Louis (North County)

Family Support Group

Monthly - 4th Tuesday @ 7:00-8:30 pm
Christian Hospital Northeast, Rm. 2100
#11133 Dunn Rd, St. Louis, MO
Contact: Linda Hossin, 314-302-2740
Email: lhossin57@aol.com

St. Charles - Family Support Group

Monthly - 1st Thursday @ 7:00-8:30 pm
NAMI St. Louis Tri-County Office
200 S Kingshighway #101, St. Charles
Contact: Bonnie, 314-974-4694
Email: bcran0228@aol.com

St. Peters - Family Support Group

Monthly - 3rd Tuesday @ 7:00-8:30 pm
Grace United Church of Christ
8326 Mexico Rd, St. Peters

Webster Groves

Family Support Group

Monthly - 2nd Tuesday @ 6:30-8:00 pm
Webster Hills United Methodist Church
Christian Life Center, Library Room
698 W Lockwood, Webster Groves
Contact: Judy Larson, 314-922-4693
Email: judyclarson@gmail.com

Support Groups

NAMI Connection Recovery Support Groups

For individuals living with mental illness

NAMI Columbia

Columbia

Connection Recovery Support Group

Monthly - 2nd Monday @ 6:30-9:00 pm
Presentation @ 6:30; Group @ 7:30
Unity Ctr, 1600 W Broadway, Columbia
Contact: Tim Harlan, 573-874-2402
Email: tharlan@harlan-still.com

NAMI Greater Kansas City

Midtown Kansas City

Connection Recovery Support Group

Every Tuesday @ 7:15-8:30 pm
Westport Presbyterian Church
201 Westport Rd, Kansas City, Mo
Email: violamom@gmail.com (Patty)

Lee's Summit

Connection Recovery Support Group

Every Tuesday @ 7:00-8:30 pm
1st Presbyt. Church - Basement Rm 100
1625 NW Obrien Rd, Lee's Summit
Contact: Marty Sexton, 816-738-3066
Contact: Tricia Wear, 816-810-1414
Email: help4distress@gmail.com

Belton

Connection Recovery Support Group

1st & 3rd Mondays @ 6:00-8:00 pm
LifeQuest Church
1400 N Scott Ave, Belton
Email: allaboutrockllc@yahoo.com
Email: teegarden.shawn@icloud.com

Gladstone

Connection Recovery Support Group

Every Tuesday @ 6:30-8:00 pm
Northland Behavioral Health & Wellness
119 NE 72nd St., Gladstone
Contact: Gabriel, 816-200-7424
Email: gabrielnamiconnection@gmail.com

St. Joseph

Connection Recovery Support Group

Every Thursday @ 7:00 pm
Missouri Care
3831A Frederick Ave., St. Joseph
Contact: Kevin Williams, 727-543-9408
Email: kevinwilliams.cinc@gmail.com

NAMI Jefferson City

Connection Recovery Support Group

Monthly - 1st Monday @ 6:30-8:30 pm
Presentation @ 6:30; Group @ 7:30
Central United Church of Christ
118 W Ashley Street, Jefferson City
Call: Alice Kliethermes, 573-634-7727
Email: klieta92@gmail.com

NAMI Joplin

Joplin

Connection Recovery Support Group

Every Tuesday @ 6:30-8:00 pm
NAMI Joplin Office, 1601 S Wall Ave, Joplin
Contact: 417-781-6264
Email: namijoplin@cableone.net

Joplin

Connection Recovery Support Group

2nd & 4th Wednesdays @ 2:00-3:00 pm
NAMI On Campus at MSSU - Hearnes Hall
3950 E Newman Rd, Joplin
Contact: Kandace Logan, 417-625-9830
Email: logan-k@mssu.edu

NAMI Southeast Missouri

Sikeston

Connection Recovery Support Group

Thursdays at 5:30 pm
Mission Missouri, 509 Ruth St., Sikeston
Email: crsg.we@gmail.com (Edie)

NAMI Southwest Missouri

Springfield

Connection Recovery Support Group

Every Tuesday @ 10:00-11:30 am
The Hope Center
1443 N Robberson Ave, #408, Springfield
Contact: 417-864-3027
Email: nami@namiswmo.com

NAMI St. Louis

St. Peters

Connection Recovery Support Group

Monthly - 3rd Tuesday @ 7:00-8:30 pm
Grace United Church of Christ
8326 Mexico Rd, St. Peters
Contact: 636-940-7440
Email: jjohnston@namistl.org

St. Charles

Connection Recovery Support Group

Every Monday @ 6:30-8:00 pm
Friedens United Church of Christ
1703 Old Hwy. 94 South, St. Charles
Contact: Jim Eymann, 314-808-5551
Email: jeymanjr@prodigy.net

St. Louis (Delmar)

Connection Recovery Support Group

1st & 3rd Sundays @ 2:00-3:30 pm
Grace and Peace Fellowship Church
5574 Delmar, St. Louis
Contact: Rose Schulte, 314-716-2210
Email: roseschulte@gmail.com

Additional Support Contacts

Branson Support Contact

Debora Biggs, 417-864-7119
Email: debora@namiswmo.com

Brunswick Support Contact

Bev & Ken Jones, 660-548-3860
Email: glassman10@hotmail.com
Email: bjones@amfam.com

Clarksville Support Contact

Judy & Larry Dew, 573-242-3794
Email: dewmo1@sbcglobal.net

Rolla Support Contact

Barbara French, 573 674-2559
Email: namimobhf@hotmail.com

Springfield & Surrounding Area Support Groups

Daily support group sessions are held at NAMI Southwest Missouri Hope Center in Springfield, and weekly in Bolivar, Branson, Lebanon and Springfield.

The complete NAMI Southwest Missouri support group list is at: namiswmo.com/services/support

Basics Support Groups for parents/ caregivers of children with mental illness are listed on the family Support Group page.

SUPPORT IS JUST A PHONE CALL AWAY

Peer support and resources are available through the **NAMI Missouri WARMLine**
9am – 7pm on weekdays,
and 3pm – 9pm on weekends and holidays

Call 800-374-2138



NAMI Missouri
 3405 W. Truman Blvd. #102
 Jefferson City, MO 65109

Non-Profit Org.
 U.S. Postage
PAID
 Jefferson City, MO
 Permit No. 390

Join NAMI Missouri or renew today!

Every member strengthens our efforts. For existing members, **your membership renewal date will be listed on the mailing label of this newsletter** right next to your name. If your membership has expired, renewal is easy, and if you're not a member yet, join us today! Members receive the NAMI Missouri Newsletter, NAMI Advocate magazine and discounts to attend NAMI events. Even better, your membership helps provide services to individuals living with mental health conditions and their family members.

New Member **Renewal**

Enclosed are my dues for (check one):

- | | |
|---|---|
| <input type="checkbox"/> Individual (\$40) | <input type="checkbox"/> Total Dues \$ _____ |
| <input type="checkbox"/> Family/Household (\$60) | <input type="checkbox"/> Additional Contribution \$ _____ |
| <input type="checkbox"/> Open Door/Limited Income (\$5) | <input type="checkbox"/> Total Enclosed \$ _____ |

Name _____ Phone _____

Address _____ City _____

State _____ Zip _____ Email _____

Credit Card: Visa MasterCard Discover

Card # _____

Exp. Date _____ / _____

Cardholder Name _____

Cardholder Address _____

Send form and payment to:
NAMI Missouri
 3405 W. Truman Blvd. Suite 102
 Jefferson City, MO 65109